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SOUNDARYA LAHARI MANTRAS AND THEIR BENEFITS

Mantra Number	Meditation on	benefits
1	Shiva & Shalti	Accomplishment of desired objects, prosperity and clearing of obstacles
2	Devi's feet	Mastery over matter
3	Devi's varada Mudra	Wealth & Knowledge
4	Devi's full form with Varada Mudra	Happiness in life, Immunity from sickness (Both mental & physical)
5	Devi's full form radiating light	Turn all situations positive, protection and progress
6	Irresistible form of Devi	Fertility, Development of procreative power
7	Chaturbhuja Roopa of Devi holding Bow, arrows, noose and Goad	Protection from Danger
8	Rajarajeshwari sitting on Sadasiva Mancha	Success in enterprise, Release from bonds of Samsara
9	Chakras forming the Kundalini Path	Mastery over elements, return of loved ones from foreign countries
10	Devi seated on the lap of Siva	Virility, purification of physical body
11	Sri Chakra	For progeny
12	Beautiful form of Devi	Poesy, Kavitva
13	Compassionate form of Devi	Power to attract others (This should not be done unnecessarily except for bringing harmony between couple)
14	Devi as Nature	Safeguard from famine, and pestilence
15	Devi as Speaking	Poetic skill, knowledge and enlightenment
16	Beautiful form of Devi bathed in the light of the Sun, Moon and Fire	Mastery over temporal and Transcendental knowledge
17	Devi placing her hand on our head	Knowledge of all forms of Arts & Science
18	Devi in Bhairavi Mudra* (Pic is given at the end of this table)	Mastery of Arts, in particular Painting
19	Bewitching glance of Devi	Develop the power of attraction (Useful for teachers)
20	Sri Chakra, drawn as Mandala	Antidote against poison

21	Devi's glistering form of Lightning	Winning over people (Useful for politicians)
22	Devi Sitting on a beautiful throne like an empress, listening to the prayers of devotees	Fulfilment of worldly desires, prosperity, acquisition of empire (suitable for politicians and political parties)
23	Ardhanareeshvara	Clearing of debts, release from danger
24	Kali form	Immunity from danger & removal of afflictions
25	Devi being worshipped	Advancement in professional career
26	Any form of Devi of one's choice	All round success
27	Any form of Devi of one's choice	+ ATMA JNANA- VISION OF DIVINE
28	Devi decorated with flowers	Protection against untimely death,
29	Devi decorated as bride	Taming of wild animals (these wild animals are with in us) Removal of all ailments
30	Devi seated amidst her divine attendants	Acquisition of power (suitable for politicians, Civil Service officers)
31	Sound emanating from the form of Devi	All round prosperity
32	Devi as Mantra in the form of Sri Chakra in the Heart centre	Success in business
33	Devi as Mantra in the form of Sri Chakra at the Ajna Chakra	Acquisition of wealth, and multiplying riches
34	Shiva Shakti in Maithuna	Blooming of genius, Remedy for Rheumatism, Freedom from all doubts
35	Nirakara Shakti	Immunity from wasting diseases that are common in animals.
36	Shiva shakti in Ajna	Relief from normally incurable diseases
37	Siva Shakti in Vishuddha	Protection from harmful influences, Antidote for all diseases
38	Siva shakti in Anahata	Remedy for infantile diseases, chant the mantra holding water in a cup and drink to develop immunity against all diseases
39	Siva Shakti in Swadhishtana	Prevents bad dreams
40	Shiva Shakti in Manipura	Foreseeing the future in dreams
41	Shiva Shakti in Muladhara	Remedy for digestive ailments

42	Crown of Devi	Protection against infectious diseases
43	Devi's Hair	Success, [prosperity, removal of diseases]
44	Parting line of Devi's Hair	Alleviation of suffering from Hysteria
45	Devi's Smile	Ability to foretell event (useful for Astrologers)
46	Devi's forehead	Return of husband, Progeny
47	Captivating eyes of Devi	Harmony between husband and wife
48	Three eyes of Devi	To Counteract adverse planetary positions
49	Glory of Devi's eyes	Immense wealth
50	Allure of Devi's eyes	Immunity from Infectious diseases
51	Devi's glance	Gaining popularity
52	Devi's Seductive look	Remedy for eye and ear diseases
53	Kali, Lakshmi & durga.	Fulfilment of all desires
54	Convergence of three eyes of Devi	Remedy for Gynecological disorders
55	Devi Aparna's eyes	Remedy for Hydrocele, Victory over enemies
56	Devi's unblinking eyes	Release of bondage
57	Devi's Compassionate eyes	All round prosperity
58	Sideway glance of Devi	Marital harmony, Royal favour, Freedom from diseases and sufferings
59	Erotic face of Devi	To overcome an adversary
60	Devi's sweet speech	Acquisition of knowledge
61	Devi's Nose	Success in the tasks undertaken, Development of inner experience of divine
62	Redness of Devi's lips	Good sleep, Remedy for insomnia
63	Devi's sweet smile	Command over subordinates/ employees
64	Redness of Devi's tongue	Gynecological disorders, remedy for infection
65	Devi's worship by Devatas	Achievement of chaturvidha purushartha
66	Sweetness of Devi's Voice	Proficiency in music
67	Devi's chin	Marital harmony
68	Devi's graceful neck	Purification of Samskaras, Removal of obstacles
69	Three strands of Devi's throat	Success in all undertakings
70	Devi's protective arms	Attraction of people (good for politicians)

71	Splendour of Devi's hands	Command over other dimensions of existence
72	Devi's over flowing breasts	Freedom from fear
73	Nectar of Devi's breasts	Fertility & Motherhood
74	Pearl necklace adorning Devi's Breasts	Good reputation, good fame
75	Devi's breast milk	Skill in poetry, creativity, genius
76	Navel of Devi	Acquire of power
77	Devi's slender waist	Royal favour, progress in career
78	Glory of Devi's yoni	Royal favour, Success in all endeavours
79	Devi before giving birth to creation	Winning over others (good for politicians)
80	Devi giving birth to creation	To Acquire skill
81	Devi's expansive hips	Protection from accidents, specially related to fire
82	Devi's thighs & knees	Prevention of accidents from water
83	Devi's thighs & toe nails	Control over powerful forces, wild and strong animals even control on enemy's army
84	Feet of Devi	For Mental & Spiritual power
85	Devi in Varada Mudra	Power to remove evil spirits
86	Kick of the Devi's Lotus foot	Driving away evil spirits
87	Lotus feet of Devi	Control over snakes, protection from snakes (good for farmers working in the field)
88	Feet of Devi	Control over animals (good for forest officers)
89	Wish fulfilling feet of Devi	Free from diseases
90	Devi as Sarasvathi	Protection from black magic
91	Devi's graceful gait	Acquisition of Landed property and wealth
92	Devi as Tripura Sundari	Warding of evil spirits
93	Aruna Shakti of Devi	Fulfilment of desires, Fertility in women
94	Reflection of Shakti in the Sun	Rejuvenation, restoration of health
95	Devi in her Mansion	Fulfillment of desires
96	Supreme Tripurasundari in her inner apartment	Healing of wounds
97	Unattainable shakti above sahasrara	Strong Physical health
98	Tripura Sundari	Physical Strength, Virility, marital bliss

99	Limitless Power of Devi	Immense beauty and acquisition of Siddhis
100	Full form of Devi	Virility, Fertility,
101	Tripura Sundari blessing her devotees	Valour
102	Devi's hidden treasures	Health & comforts
103	Devi as the Source of Soundarya lahari	Accomplishment of desired objects